

Forest School – Clothing guide

Forest School Kit

When your child attends Forest School sessions, they will need to wear the appropriate kit for the activities they will be participating in and the expected weather. Please use the following kit list as a guide and act accordingly each week if temperatures fluctuate or weathers change. Make sure your child is wearing old clothing which you do not mind getting dirty.

Children **must** have their arms and legs covered in every session.

For every session: ○ Long sleeve t-shirt ○ Long sleeve hoody/ jumper ○ Long jogging bottoms/ leggings ○ Wellies ○ Water bottle	For cold weather: ○ Thick fleece ○ Winter coat ○ Thermal layer: vest, leggings, extra socks ○ Winter Hat ○ Scarf ○ Gloves 	For warm weather: ○ Sun hat ○ Sun cream, applied before coming to school ○ Thin layers ○ Old trainers 	For wet weather: <i>We will provide your child with waterproof overalls for the session.</i> 
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